

GOAL 3: Middle school students shall be offered structured physical education classes and fitness/sports clubs that meet the needs of all students, including those students that do not excel athletically.

Objective 1: The campus principals will ensure that all students will be provided with the opportunity to participate in at least 30 minutes daily of moderate to vigorous physical activity for at least five semesters as part of the District's physical education program.

Action Steps	Methods for Measuring Implementation
<ul style="list-style-type: none">• The campus principal will develop a middle school schedule that includes a daily physical education class for each student for at least five semesters.• The campus principal will ensure that the PE Curriculum Instructional Model, which includes at least 30 minutes of moderate to vigorous physical activity, is used daily.• School personnel shall not withhold or deny physical education class as punishment for inappropriate behavior and/or failure to complete assignments, with the exception of severe discipline consequences assigned by the principal or assistant principal (ISS, OSS, etc.).	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none">• Annual Campus Wellness Committee Report <p>Resources needed:</p> <ul style="list-style-type: none">• FBISD physical education curriculum documents including the At-A-Glance and Instructional Model.• Sample campus schedules• EHAC(LEGAL)• Professional learning focused on ways to include students with special needs• Moderate to vigorous physical activity resources <p>Obstacles:</p> <ul style="list-style-type: none">• Access to gym/field space• Staff attrition• Access to fitness/sports equipment• Funding

Objective 2: The campus principal will encourage that before/after school structured physical activity clubs are offered on a weekly basis to students that do not participate in athletics.

Action Steps	Methods for Measuring Implementation
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<ul style="list-style-type: none"> • The campus administrator will encourage staff to provide various structured fitness/sports clubs before and/or after school. • Fitness/sports club meeting times will be posted on the campus webpage and be included in campus announcements. 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Annual Campus Wellness Committee Report <p>Resources needed:</p> <ul style="list-style-type: none"> • Fitness/sports club equipment • Staff will have access to ideas for after/before school activities. <p>Obstacles:</p> <ul style="list-style-type: none"> • Access to gym/field space • Access to fitness/sports equipment • Funding • Staff attrition
<p>Objective 3: The campus principal will ensure that all teachers are following the District's PE curriculum and instructional model that includes at least 50% of the class to be at the moderate to vigorous physical activity zone.</p>	
Action Steps	Methods for Measuring Implementation
<ul style="list-style-type: none"> • The campus principal will engage in regular physical education class walk throughs to assure that teachers are utilizing the PE curriculum instructional model. • The campus principal will ensure that physical education teachers are utilizing the PE curriculum At-A-Glance to ensure that all students have the opportunity to participate in a variety of physical activities that will promote life-long fitness. 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Annual Campus Wellness Committee Report <p>Resources needed:</p> <ul style="list-style-type: none"> • FBISD physical education curriculum documents including the At-A-Glance and instructional model. • Campus walk through data • PE Department unit outlines <p>Obstacles:</p> <ul style="list-style-type: none"> • Access to gym/field space • Class sizes/ multiple classes in one area at a time • Access to fitness/sports equipment • Staff attrition • Inclement weather

Physical Activity Goal 2

